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## “Dysphagia in Patients with Head and Neck Cancer: Evaluation and Management Decisions”

Susan E. Langmore PhD, BCS-S, CCC-SLP

Saturday, December 6, 2014

9:00am – 4:00pm

This workshop is offered for .60 CEUs (Intermediate Level, Professional Area)

### Introduction

Speech language pathologists are often called upon to assess and treat patients with head and neck cancer (HNC) who are treated with surgery and/or radiation therapy. In the past 10 years, a growing body of research has addressed the nature of the problem and behavioral interventions with these patients. This seminar will present a structured overview of the entire problem, including an overview of the underlying problem, evaluation, and treatment of dysphagia in HNC. Evidence from current research will be used to support the presenter's opinions and experience with these patients. Her own recent clinical trial will be presented, as well. The course will be appropriate for all levels of knowledge and practice.

### Learner Outcomes

At the end of the program, the participant will:

1. Be able to differentiate the major differences in the swallowing problems after surgery vs. radiotherapy in patients with HNC
2. Have a protocol for best times to intervene and the needs of the patients at different intervals before, during and after HNC treatment
3. State what the MBS and FEES evaluations will reveal about the dysphagia and under what circumstances to use which tool
4. Know the evidence for efficacy of behavioral treatment before, during, and after CRT
5. Will know which interventions are more/less effective with these patients

### Schedule

9:00 – 10:00: Incidence of dysphagia in HNC; Impact of dysphagia on quality of life.

10:00 – 11:00: The nature of the problem: understanding the effects on anatomy and physiology of the swallow

11:00 – 12:00: Assessment of dysphagia in HNC: clinical, MBS, FEES exams: what does each procedure show?

12:00pm - 1:00pm Lunch

1:00- 2:00: Protocols for working with HNC patients: When to intervene, what to do before, during, and after treatment; what is Usual Practice?

2:00 – 3:00 – Treatment for Dysphagia in HNC: Overview of treatments done after cancer treatment: What can be done for the patient who has dysphagia? What is the evidence for efficacy?

3:00 – 4:00 –Proactive Treatment: Overview of behavioral treatments done before and during surgery and CRT; what has been tried; what is the efficacy?

### Speaker Biography

**Susan E. Langmore PhD, BCS-S, CCC-SLP**, holds a joint appointment as Professor of Otolaryngology at Boston University Medical Center and Clinical Professor, Speech Language and Hearing Sciences, Sargent College, at Boston University. At Sargent College, she taught Dysphagia, Motor Speech Disorders, Advanced Dysphagia, and mentors masters and doctoral students. Susan currently has 2 doctoral students. At the medical center, she is Director of Speech Language Pathology Service. She also maintains an active clinic caseload. In addition, and at the top of her priorities, is her ongoing research. She has an active research lab where several projects related to dysphagia are currently underway. Susan is probably best known in the speech pathology community for developing the FEES procedure to evaluate dysphagia. Her research in aspiration pneumonia is also widely cited. She is a fellow of ASHA and was given the Honors of the Association in 2012.

### Disclosure Statement:

Financial: Susan receives a salary for speaking, teaching and research. Non-financial: No non-financial relationships exist.

### Location

Worcester State University  
486 Chandler St, Worcester, MA 01602  
Learning Resource Center, Room 117

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**Registration**

**Check one:**

- Member registration \$149
- Member registration (for those previously registered) \$129
- Non-member registration \$200 [includes one-year membership]
- Non-member registration (for those previously registered) \$180 [includes one-year membership]

**Payment Method:**

For online registration go to: <http://www.mshahearsay.org>

- Check enclosed
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ASHA Member Number (required to receive CEUs) \_\_\_\_\_

Return registration form and payment to:

**MSHA**  
411 Waverley Oaks Road, Suite 331B  
Waltham, MA 02452  
Fax: 781-647-7222  
Email: [theoffice@mshahearsay.org](mailto:theoffice@mshahearsay.org)

Cancellation policy: cancellations must be received in writing **before Friday, November 28.**  
Cancellations after the cancellation date, or not submitted in writing will be subject to full billing.